GROCERY LIST

Vegetables

- [ ] Artichokes
- [ ] Asparagus
- [ ] Beets
- [ ] Bell Peppers
- [ ] Broccoli
- [ ] Cabbage
- [ ] Carrots
- [ ] Cauliflower
- [ ] Celery
- [ ] Chives
- [ ] Corn
- [ ] Cucumbers
- [ ] Endives
- [ ] Garlic
- [ ] Green Beans
- [ ] Green Onions
- [ ] Lettuce
- [ ] Mushrooms
- [ ] Onions
- [ ] Parsley
- [ ] Parsnips
- [ ] Potatoes
- [ ] Radish
- [ ] Shallots
- [ ] Snow Peas
- [ ] Spinach
- [ ] Squash
- [ ] Zucchini

Fruits

- [ ] Apples
- [ ] Apricots
- [ ] Avocados
- [ ] Bananas
- [ ] Blueberries
- [ ] Cherries
- [ ] Dates
- [ ] Figs
- [ ] Grapefruit
- [ ] Grapes
- [ ] Honeydew
- [ ] Kiwi
- [ ] Lemons
- [ ] Limes
- [ ] Mangos
- [ ] Nectarines
- [ ] Oranges
- [ ] Papayas
- [ ] Peaches
- [ ] Pears
- [ ] Pineapples
- [ ] Plantains
- [ ] Plums
- [ ] Prunes
- [ ] Raspberries
- [ ] Strawberries
- [ ] Watermelon

Meat & Poultry

- [ ] Bacon
- [ ] Chicken
- [ ] Corned Beef
- [ ] Ground Beef
- [ ] Ham
- [ ] Hamburger Patties
- [ ] Hot Dogs
- [ ] Lamb Chops
- [ ] Liver
- [ ] Pork Chops
- [ ] Roast Beef
- [ ] Sausage
- [ ] Steak
- [ ] Turkey
- [ ] Veal

Seafood & Fish

- [ ] Cod
- [ ] Crab Meat
- [ ] Fish Sticks
- [ ] Flounder
- [ ] Halibut
- [ ] Herring
- [ ] Imitation Crab Meat
- [ ] Lobster
- [ ] Oysters
- [ ] Salmon
- [ ] Scallops
- [ ] Shrimp
- [ ] Swordfish
- [ ] Tilapia
- [ ] Tuna

Milk & Dairy

- [ ] Butter
- [ ] Coffee Creamer
- [ ] Cream Cheese
- [ ] Eggs
- [ ] Margarine
- [ ] Milk
- [ ] Ricotta Cheese
- [ ] Shredded Cheese
- [ ] Sliced Cheese
- [ ] Sour Cream
- [ ] Yogurt

Other Items

- [ ]
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Bread, Cereal & Pasta

- [ ] Bagels
- [ ] Beans
- [ ] Biscuit Mix
- [ ] Buns
- [ ] Cereal
- [ ] Flat Bread
- [ ] Flour Tortillas
- [ ] French Toast
- [ ] Linguine
- [ ] Pasta
- [ ] Rice
- [ ] Sandwich Bread
- [ ] Waffles

Canned Goods

- [ ] Beef Broth
- [ ] Chicken Broth
- [ ] Gravy
- [ ] Soup
- [ ] Spaghetti Sauce

Snacks & Desserts

- [ ] Cookies
- [ ] Chocolate
- [ ] Crackers
- [ ] Dip
- [ ] Hard Candy
- [ ] Ice Cream
- [ ] Nuts
- [ ] Popcorn
- [ ] Potato Chips
- [ ] Pretzels
- [ ] Pudding

Drinks/Juices

- [ ] Apple Juice
- [ ] Coffee
- [ ] Diet Soda
- [ ] Fruit Punch
- [ ] Grape Juice
- [ ] Grapefruit Juice
- [ ] Orange Juice
- [ ] Root Beer
- [ ] Seltzer
- [ ] Soda
- [ ] Tea

Cooking Items

- [ ] Baking Powder
- [ ] Baking Soda
- [ ] Chocolate Chips
- [ ] Corn Meal
- [ ] Flour
- [ ] Pepper
- [ ] Pie Crusts
- [ ] Salt
- [ ] Spices
- [ ] Sugar

Condiments & Oils

- [ ] Canola Oil
- [ ] Corn Oil
- [ ] Hot Sauce
- [ ] Ketchup
- [ ] Mayonnaise
- [ ] Mustard
- [ ] Olive Oil
- [ ] Salad Dressing
- [ ] Soy Sauce
- [ ] Vinaigrette

Household Goods

- [ ] Aluminum Foil
- [ ] Bleach
- [ ] Cleaning Supplies
- [ ] Dishwashing Liquid
- [ ] Garbage Bags
- [ ] Laundry Detergent
- [ ] Paper Napkins
- [ ] Paper Plates
- [ ] Paper Towels
- [ ] Parchment Paper
- [ ] Plastic Cups
- [ ] Plastic Wrap
- [ ] Rubber Gloves
- [ ] Sandwich Baggies
- [ ] Sponges
- [ ] Toilet Paper
- [ ] Waxed Paper

Personal Care

- [ ] Baby Shampoo
- [ ] Bar Soap
- [ ] Conditioner
- [ ] Contact Lens Solution
- [ ] Deoderant
- [ ] Dental Floss
- [ ] Diaper Wipes
- [ ] Diapers
- [ ] Femine Products
- [ ] Hair Spray
- [ ] Liquid Soap
- [ ] Shampoo
- [ ] Toothpaste